

Student Dining Sample Menu Items

BOWES CENTER AND 50 OAK STREET

BREAKFAST ITEMS

- Chia puddings
- Granola parfait, yogurt and fruit
- Croissants
- Matcha ginger scone

LUNCH

choose one + lunch side + beverage

Sandwiches

- Chicken pesto*
- Turkey, bacon, tomato*
- Avocado Toast with crunchy seed topping*
- Hummus and vegetable wrap*

Salads

- Kale Caesar with roast chicken*
- Sesame tofu, cucumber, carrot, and lettuce*
- Little Gem lettuce with green goddess*

Soups (served all day)

- Ute's clam chowder*
- Vegan pozole with tortilla and toppings*

DINNER

choose one entree + dinner side + beverage

Entrees

- Japanese chicken meatball soup with ginger*
- Focaccia bread pizza by the slice*
- Vegetable lasagna*
- Chicken enchilada casserole*
- Seared wild salmon*
- Vegetarian spring rolls*

Dinner Sides

- Kimchi fried rice*
- Steamed peas and carrots*
- Smashed potatoes*
- Sautéed wild mushrooms*



DRINKS

- | | |
|------------------------|---------------------|
| Milk shakes and floats | Smoothies |
| Boba | Coconut water |
| Matcha | Juices |
| Teas | Aqua Fresca |
| Coffee hot and iced | No corn syrup sodas |
| Espresso drinks | |

ALL DAY ITEMS

- | | |
|---|---|
| Fresh market fruit | Candy bars |
| Pop tarts | Pop corn |
| Trail mix/peanuts/
cashews/fruit leather | Potato chips |
| Rice crispy treats | Seaweed snacks |
| Freshly baked cookies | Hummus and
almond hummus |
| Brownies | Individual ice cream
cups and sandwiches |
| Granola bars | |